

2019 Summer Locations

Arlington Heights
Chicago--Lincoln Park
Chicago--Lane Tech
Chicago--Winnemac
Elmhurst
Glenview
Lake Forest
Libertyville
Naperville
Oak Park
St. Charles
Winnetka

www.AlumniHero.com

Football Fit for Kids ages 6 to 14

SAVE 25%

Promo Code: School25
Register by: Jan. 2, 2019

Visit www.AlumniHero.com

Call 877-226-9919



AVAILABLE FORMATS

Half Day, M-F, 8:30 am-11:30 am

Full Day, M-F, 9:00 am-3:00 pm

After Camp Instruction at all camps

CURRICULUM ELEMENTS

- V5 Life Skills (c)
- Dynamic Warm Up
- Individual Skill Stations Offense
- Skill Challenges
- Hero Message of Day
- Eat Like a Pro / Chief Scout
- The Franchise/ Football Dollars
- Team Competition
- Highlights & Awards

PROGRAM HIGHLIGHTS

- With Chicago Bears Alumni
- Pro Sports Experience Coaches
- Skill Development for Confidence
- High-Rep-Fun-Training
- Daily Life Skill Lessons
- Heads Up Football Instruction
- Contests, Tournament Action
- Prizes
- Free T-Shirt with Camp Purchase
- After Camp Programs Available.

www.AlumniHero.com